

Update from the Third Age Trust

The Third Age Trust has launched an anti -ageism toolkit.

For more details see

[Anti-ageism Toolkit](#)

- The results of the elections to the Board are as follows
 - Chair - Liz Thakray
 - Vice Chair - Michaela Moody
 - Treasurer - Derek Harwood

U3a SW Research & Shared Learning: a discussion group on Facebook

The Trust has recently set up a new Facebook discussion group with the object of promoting all matters relating to research and shared learning in the u3a South West region. It is hoped that anyone with any interest in research or shared learning (or, alternatively, “finding out”) will use this as a hub to try ideas out, discuss methods, find out how to do things and what others have done in a non-judgemental way as well as telling others what you have achieved. We are all along the path of pursuing our ideas and no-one knows all the answers! The aim will be to take an informal approach with no specific direction except to be accepting of any question and respectful of members’ need to know and share.

<https://www.facebook.com/groups/400816764818327/>

The group is administered by Chris Knight, sole Research & Shared Learning Adviser in the SW region (at the moment!).

Strategy for the Third Age Trust

The Board has identified four key aims together with the key areas of activity as the basis of a Strategy for the Third Age Trust post pandemic.

Those four aims were:-

- Aim 1 Supporting an Engaged, Strong and Vibrant Movement
- Aim 2 Making u3a membership an attractive opportunity for all Retired People
- Aim 3 Developing the u3a Voice
- Aim 4 Maximising the u3a Learning Model

August Newsletter

The latest Third Age Trust newsletter can be found by following the link below.

<https://mailchi.mp/u3a/your-u3a-national-newsletter-august-2021>